



Using Your Time Wisely:

TIME SAVING HINTS FOR EVERY WOMAN

by Abosede Adentan

Sitting at Jesus' feet—through prayer and reading His word occupies a unique place all on its own (Lk 10: 38-42). As Jesus says, it's the "one thing" that is necessary and should be a priority above all others. Of course, this is a challenge for today's women as we juggle the demands that come with raising a family, pursuing a career or business and managing a home.

As modern women, we have numerous options for how to use our time, and they are all screaming for our attention: Read this book, this magazine, this blog! Watch this movie! Take this class! Pursue this ambition! Enjoy this leisure activity! Meet this need! Try this hobby! Join this programme! Serve this outreach! Through modern media, we are also "introduced" to countless women with whom we can tend to compare our own lives—and use of time. Timeless wisdom comes from God, not from talk shows and trash TV.

To achieve happiness, right character and success, there is no better place to look than the Word of God. Scripture provides us with all the wisdom we need to spend our time wisely (Ps 90:12) "Teach us to number our days, that we may gain a heart of wisdom".

God gives us just the right amount of time to do what he's called us to do. And he provides wisdom in his Word to determine how we should use our time. So there's no need for us to pray for more hours in our day! or live exhausted, confused, overwhelmed—bouncing from one demand to another.

Drawing on Proverbs 31:14-20, we get insight on age-old time-saving tips for women. The advice is just as relevant today as it was then, because wisdom from God is timeless.

Manage your time wisely

By shopping for time purposefully according to God's Word, we can experience confidence, peace, joy and fruitfulness in our every day life. Time is an elusive thing. It slips away from us so easily, leaving us wondering if we have indeed used our time wisely. We are greatly influenced by the clock, so we must consider the role that time plays in Godly living.

God calls us to be disciplined in the use of our time. We have much difficulty managing our time and often feel

that there aren't enough hours in the day to accomplish everything that needs to be done. We feel pressured, because in this fast-paced society we have so much to do. If we however, want to be Christ-like, we need to set priorities and be disciplined in our use of time because the way our time is used is the heart of a disciplined spiritual life. In John 17:4 Jesus says that he finished the work that God gave Him to do. From this verse it is apparent that Jesus lived His life in a disciplined manner, completing his assignment from God.

In Ephesians 5:15-16 (KJV), Apostle Paul tells us to walk 'circumspectly'. This means we are to walk carefully and cautiously, being mindful of every step we take and where it leads us. We are to be aware of how we are living. We are also instructed to 'redeem' or 'safeguard' our time. If we are not careful of how we use our time, we will be easily led astray, away from Godly living. We should ensure that the busyness of the day and the 'tyranny of the urgent' does not hinder us from using our time wisely in a way that is honouring to God.

The easiest way to add more time to the day is to rise early (Pro 31:15). Start the day with prayer and Bible study to put things in proper perspective. Plan the day, and make a little time just for yourself. Recharge your batteries with some peace and quiet.

(THIS ARTICLE WILL BE CONTINUED IN THE NEXT EDITION OF PRAISEREEL)

