



A Woman with a Transformed Heart

by Faramade Bello

Biblically, a transformed heart can be defined as a heart that has been renewed, revived and changed by the Holy Spirit. In the natural, it is generally accepted that the head, and brain contained therein, is the centre and director of human activity; but the bible speaks of the heart as the centre; Proverbs 4v23 "keep thy heart with all diligence; for out of it are the issues of life".

As women, we need to understand that our heart is the centre of the human will. If this is the case, our heart and mind must be constantly guided by the Holy Spirit through our walk with God via praying, meditating on God's word daily, and relating to God every second of our lives.

A closer look at Mary in Luke 10:v38-42, who sat at Jesus' feet and earned his praise further, reveals the true meaning of a heart devoted to God. Jesus praised Mary Luke 10v42 "but one thing is needful: and Mary hath chosen that good part, which shall not be taken away from her" (KJV), thereby demonstrating that though active and practical service to God is essential and good, our first and most important task is love and devotion that expresses itself in quiet worship, prayer and fellowship with the Lord.

Are you too busy doing the work of the lord, attending church services performing God's work that you forget spiritual communion with our saviour?



You may ask yourself as a woman, 'how can I develop a heart devoted to God'? Commit yourself to God's word – Proverbs 3:6 "in all your ways acknowledge him, and he shall direct your path". We are required to commune with God in our decisions, words, thoughts, and even responses to others. In choosing a life partner for example, choosing a career or job having children, raising children (biological or spiritual) running your home and caring for your loved ones, two-way communication with God is essential.

Jeremiah 17 verse 7-8 emphasized thus "blessed is the man that trusteth in the lord and whose hope the Lord is." For he shall be a tree planted by the waters, and the roots that spreadeth out her roots by the river..." (KJV). Developing a root system, anchored deep in God, has to be our absolute priority in life. Imagine yourself to be like a plant with its roots hidden solidly under the soil. You and I are to draw from him all we need to live the abundant life He has promised His children (John 10:10). We must live our life in God, hidden in Him as we seek a deeper life in Christ.

What is your hearts' response to this call? My dear sisters if you are unsure about where you stand with God, if you know quite clearly that you are living your life separated from God then confess your sins, invite Jesus to be your Saviour - 2 Corinthians 5:17.

A simple prayer is enclosed below, to set you on your way. "God, I want to be your child; a true woman with a transformed heart, a heart that Jesus Christ lives in and dwells within. I acknowledge my sins and receive your son, Jesus Christ, in my life because He died for my sins. Thank you for giving me a new heart."

As you have taken the step of faith to invite Jesus into your life, welcome into a new beginning, the slate has been wiped clean! A new relationship has begun with Christ, which can only mature through intimacy with Him. Get to know Him through your quiet time, and your daily interaction with Him. Intimacy with the Master will enable you to do extraordinary things, physically, spiritually & eternally.

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