

## the parable of the talents

### Matthew 25:14-30

*A man was going away, so he called his servant and told them to take care of things whilst he would be away. To one servant he gave 5 bags of gold, another two bags of gold, and another 1 bag of gold.*

*The servant who got five bags went quickly and invested the money, earned five more bags, the servant who had two bags did the same and earned two more bags. The servant who had one bag hid his.*

*The master came back and asked the servants what they had done with the money. The servant with five bags said "I invested it, now have ten", the servant with two bags said "I invested it now I have four", the master said to them come and share my joy, I will let you care for greater things and make you ruler of many things.*

### Can anybody identify with this?

Mary was a gifted singer, but she did not spend as much time practicing and training her voice, she was satisfied with what she had. Sarah was also a gifted singer who spent her time improving her vocals, whilst doing that she learnt how to read music which then helped her to learn to play the guitar, and also the drums. The drums helped her with her rhythm and also helped her with her dancing. In school Mary and Sarah auditioned for the lead in the school musical, which Sarah got. The music teacher said both Mary and Sarah had great voices, however because Sarah could read music and dance already, it would allow her to play the part better.

God has given each of us talents, we need to make the most of these talents and keep looking for ways to make our talents better. If you are not prepared to invest in your talent, sooner or later others will not, and your talents will not get developed. So decide to invest in your talents that God has given you.

### Food for Thought

- What are my talents?
- Am I making use of them?
- What can I do to improve them?

**ARE YOU A TEENAGER WITH A QUESTION? PLEASE WRITE TO THE EDITOR, PRAISEREEL VIA EMAIL AT: [PRAISEREEL@HOUSEOF PRAISE.CO.UK](mailto:PRAISEREEL@HOUSEOF PRAISE.CO.UK). ONE OF THE PASTORS IS ON HAND TO ANSWER YOUR QUESTIONS. GOD BLESS YOU AND SEE YOU NEXT TIME.**

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- Practical support from family, friends and professionals may be required
- Spirituality is now officially recognised as a treatment strategy for Mental illness
- Your GP can make an assessment of your needs and offer you appropriate help at the local surgery including information and advice, practical help, counselling or medication
- Your GP can also refer you to a hospital team of Mental Health specialists (including Psychiatrists and Mental health nurses) known as the Community Mental Health Team (CMHT). Following an assessment they may offer you treatment in the form of medication, talking therapy and other treatment. Most people are now safely treated at home with support from the hospital home treatment team

Those with a Mental Illness may not recognise that they are unwell. Sadly some who refuse help may have to be treated against their will usually in hospital under "section" of the Mental Health Act. This gives Mental Health professionals the power to offer necessary treatment.

With the right treatment most people with mental illness lead a normal life.

### Where can I get more information or support?

Information is available in the form of leaflets, telephone and online support and advice from your local GP surgery, Health Centres and Pharmacist and support agencies such as NHS direct and St. Luke's Clinic, HOP Charlton.